

Content

- 1. The Shekinah Manifesto
- 2. The phases of Shekinah
- 3. The Shekinah Course
- 4. Shekinah groups
- 5. The Shekinah Teacher training

1. The Shekinah Manifesto

In this chapter the following topics will be discussed:

- What is the Shekinah Manifesto? (1.1)
- The starting point of Shekinah (1.2)
- The mission of Shekinah (1.3)
- The first intent for The Shekinah Unity (1.4),

1.1 What is the Shekinah Manifesto?

This Shekinah Manifesto describes how Shekinah imagines helping people to experience unity consciousness. Shekinah does this by teaching the Shekinah course, taught by acknowledged Shekinah teachers, by the Shekinah groups, guided by the teachers, by the Shekinah festivals, by mutual contacts of teachers and members of the Shekinah groups and the collective projects that origin from all that. The world-wide unity of teachers and members of all groups is called 'The Shekinah Unity'.

'The Shekinah Unity' is a group of people that wants to live and extend unity consciousness in their own neighbourhood, private as well as on-the-job, or by teaching the Shekinah course. Anyone who wants to live these principals in his or her own personal way, is welcome to join one of the Shekinah groups. These groups will result from the courses, everywhere Shekinah teachers are trained.

What is unity consciousness?

Unity consciousness is more than just recognizing that everything is interconnected. First of all there is the experience that everything originates from consciousness. This experience originates from contacting and communicating with the Omnipresent consciousness: a field of highly developed intelligence that is present everywhere in many shapes, forms and ways of existence. It is cosmic and terrestrial at the same time. Your life on earth is nourished by this communication with the Omnipresent

consciousness. In this way you start to experience unity, to live it and design it for yourself. That's unity consciousness.

Unity is. Unity exists as a whole; you can't divide it into parts. It's obvious that unity does not exist after dividing into separate parts. Yet experiencing and designing unity consciousness is build step by step, for the first experiences of unity consciousness are just a flash at some remarkable moments. Therefore it takes time and effort to experience it more often and over longer periods. Besides that: designing unity consciousness in your own life is directly connected with your personal power of creation. And designing takes time too.

1.2 Starting point of Shekinah

Since Usui started Reiki in 1920, the methods of working with cosmic energies have increased and spread all over the world. More effective techniques were discovered too. Although all these methods got there own appellation, they are working with the cosmic energies mainly.

During a Winter solstice meditation on Thursday, December 21 in 2000, the people present at a cross of leylines in the village Wijnaldum (which means 'old sacred place') in a northern part of the Netherlands, experienced an activation, which turned out to be the preparation for the opening of a fountain of light, pouring from the earth at the same spot at the Summer solstice 2001. Later on we got the message that at that moment "the Shekinah was liberated". Of course the most important aspect of this flow of energy is that it originates from the earth, not from the cosmos.

Since immemorial times many inspired people, in existing and perished cultures, applied themselves to receive, understand and pass on wisdom, knowledge and methods to achieve certain goals. Usually this is called mysticism, occult science and esoteric knowledge. It is also found in the more esoteric branches of religions of western and eastern origin. In all this a real treasure of methods and techniques is available. The way all this was received, is called 'inspiration'. Literally this means 'breathing in'; in ancient times this meant 'breathing in God's breath'. It's obvious to call the origin of this inspiration 'cosmic', but in ancient, hardly noticed knowledge, also a trip to the depth of the earth is mentioned to receive inspiration. The goal of these trips was to encounter the Goddess to learn 'the convicting truth'. We recognise these kinds of trips in the work of Shamans.

In these ancient times the inspiration people received, was used for practical, all day applications. If we use the energies in the same way for 'designing' our life, the cooperation of the energies, usually called 'cosmic' and 'terrestrial', is increased. In this way the integration of the energies is conducted as well.

The starting point of Shekinah is that every method of work and/of working with cosmic energies, benefits from a harmonic meeting of the cosmic and terrestrial energies. This applies also to working with knowledge and skills that are mentioned in old scriptures. Application of the cosmic energies, as taught by the existing methods, may become more effective as well.

1.3 The mission of Shekinah

'The Shekinah Unity', this means the groups working with the Shekinah energies, are an important way in which Shekinah helps people to communicate with the Omnipresent

consciousness, in order to establish unity consciousness. While communicating with the Omnipresent consciousness it becomes obvious that each and every human being is unique and therefore he or she has a unique, personal mission. By discovering, elaborating and living this, you'll be realizing and establishing your personal essence of this life. The communication with the Omnipresent consciousness tells us that this unique aspects of each and every human being does not exist separately. Together with the other unique personal being of all people, it creates a beautiful, multi-coloured and cooperating unity, inspired by the Omnipresent consciousness. To know this and to experiences this, is unity consciousness. This joins with working together, discovering together, and to develop, grow and enjoy together.

Methods applying the cosmic energies, are all standing alone so far. In itself this is comprehensible and goes without saying. It's comparable with the uniqueness of each human being; like that every method has its own, unique aspects, skills and possibilities. But the second aspect of unity consciousness – working and developing together – is still in its infancy. Moreover, in all methods a direct connection with the heritage of mankind, emerging from ancient knowledge and wisdom, is really far to seek.

The mission of Shekinah is to pass on and extend unity consciousness by allowing other people to discover the contact with the Omnipresent consciousness. 'The Shekinah Unity' has the intention to use the methods of the Shekinah course to establish this communication. With that this contact will start working as a connecting element between people, both to their unique personal being and their collective creativity. If they work with the cosmic energies, the connection with terrestrial energies will improve their connection and effectiveness. This also refers to the integration of the skills that are mentioned in the ancient scriptures.

The mission also imagines to pass on the vision that duality (the existence of opposite pools) is inextricably part of the terrestrial life. We already discussed that while talking about the harmonious coexistence of cosmic and terrestrial energies, but above that it means that everything, without any exception, is equivalently important. This has a very far-reaching impact, for it means that you can't exclude anything anymore. Not even for reasons like being 'wrong'. Fighting becomes meaningless as well. This vision also implies that the principal of duality is misunderstood completely for many generations. The essence of duality is to create a creative field, an open situation, a 'sacred space', where new ideas may emerge in love and wisdom, as a child of these - seemingly – opposite pools. Therefore the mission of Shekinah is to extend the vision that the origin and essence of duality is meant to be a watercourse for flowing, creational power. In this conscious you're beyond struggle and fight and you transcend duality into creativity and unity consciousness.

Working with both cosmic and terrestrial energies not only administers justice to terrestrial duality, but advances also the integration of these energies. By this creativity of people is growing tremendously. It is shown by personal development, healing of physical and mental issues and increase of happiness in both work and private situations. Besides that, when the seven portals of consciousness (chakras) are activated in the personal energy field during the Shekinah course, these portals open to the Omnipresent consciousness and by that experiencing unity consciousness becomes possible.

All this is passed on during the Shekinah course and each participant gets the opportunity to extend this in his or her own personal way, supported by all others in the Shekinah group. When people discover unity consciousness in this way, a multicoloured palette of qualities, skills and possibilities may come into existence.

'The Shekinah Unity' imagines advancing cooperation in all possible ways, without creating complete uniformity. We now know that unity exists by recognizing unique qualities of each and every human being and using it mutually, not by doing what everybody does.

The mission of Shekinah is therefore to establish and extend contact and communication with the Omnipresent consciousness, in order to create unity among cooperating people, each and everyone using their personal qualities and skills. In this way unity consciousness may be established on planet earth.

1.4 The first intent for The Shekinah Unity

The Shekinah Teachers (see chapter 5) are the 'inner circle' of 'The Shekinah Unity', because they teach the Shekinah course and initiate the Shekinah groups. Besides that the annual meeting of the Shekinah festival in the Netherlands already exists. 'The Shekinah Unity' is living and creative, and this implies that it will grow and develop continuously. Therefore it is possible that the festival will be organised in other countries as well and that other kinds of meetings and several projects will be created.

2. The phases of Shekinah

In this chapter the following topics will be discussed:

- The working method of the Shekinah energy (2.1)
- De phases of Shekinah (2.2)

2.1 The working method of the Shekinah energy

In the first chapter we discussed the earth being a planet of duality. Put in energetic terms, this may be defined as joining of the cosmic and terrestrial energies. If someone works with only cosmic energies, the dualistic mark of the earth does not show to full advantage. Of course the same happens if someone is working with terrestrial energies only. We call work that is not done in an inspired way, or in denial of the inspirational influences, also as 'working with terrestrial energies only'. For instance: the majority of scientific discoveries are the results of dreams, inspiration and so called 'coincidence', with is a direct result of inspiration too. But this is often denied, especially among scientific people.

The energy of Shekinah works in accordance with the dualistic mark of the earth, and also lifts this to a higher plane: uniting both energies of cosmic and terrestrial origin supports the development of personal consciousness to the level where communication with the Omnipresent consciousness takes place. In this way the working method of the Shekinah energies supports the ultimate goal of establishing unity consciousness for each and every person who wants to achieve this and likes to experience the creative powers this brings along. In more practical way we may say that the goal Shekinah imagines to achieve is to show people the possibilities of how to create methods and ways for themselves, in which cosmic and terrestrial energies unite and get practical form. This could be an artistic form, like painting or writing, or maybe a healing practice with

energetic treatment, a unique, personal business, working in your own job in a more inspired and focused way or whatever someone will dream up.

We already discussed that unity cannot be build piece by piece, because unity exists as a whole. But remember that experiencing unity consciousness is something different. As it takes time to transform established visions and convictions, it takes time and effort to see and experience unity consciousness, for these old conceptions hinders as long as they exists. It's the same with 'living unity'. For the collective of mankind this idea is still very, very new and this indicates that it will take time to get used to the idea of unity consciousness. Living unity is really a next step after that.

These 'steps' are also found in the structure of the Shekinah course. We call it 'the phases of Shekinah'.

2.2 The phases of Shekinah

The word 'phase' refers to the way a star moves through the sky. It moves through its orbit in a logical, natural way, without skipping some parts. Each phase has it own spot and each phase is an indivisible part of the unity of the orbit of that star. Shekinah works in the same way. It is build with phases following each other. Therefore it is not possible to skip a phase. For example: to reach phase 3, you'll have to go through phase 1 and 2 first. But is possible of course to pause at predetermined phase, depending on what you are doing or what the situation is demanding.

The consecutive phases are:

Phase 1 – Preparing the room and people working there.

Creating a pillar of light in the room, a so called 'vortex', that connects energies of the earth and the cosmos in a harmonic way. Through this vortex an energy field is created that fills the whole room with this harmonised energy. We call it 'the sacred space'.

Phase 2 – The Antahkarana and the reunion of all the energies.

Everyone present in the sacred space now can absorb the vortex into the personal energy field. Activating this personal vortex is called 'Antahkarana'. This personal pillar of light reunites all frequencies into oneness by integration of the energies of the earth and cosmos, when it expands to the galactic lemniscate (an energetic connection to the centre of the galaxy and beyond).

Phase 3 – Opening energy channels and balancing of the energy in the physical body.

Through the energy field in the room and the activated Antahkarana the reunited energy activates the Light body into a balanced frequency, resonating with the energies of the Aquarius age. This is usually called the Merkivah, but these frequencies are an overtone. Inside the physical body the Prana tube is activated (the central column through all seven main chakras) as well as the energy channels the Ida and Pingala (female and male energy channels). In ancient times these activations were given with sacred codes and keys, which are very old now. Nowadays these codes are activated in a modern and upgraded way, in order to resonate with the energies of the Aquarius age. Therefore we call it 'the Aquarius codes of Enoch'. With this the seven main chakra's open up to 'seven portals of consciousness'. After that each chakra resonates with a 'quantum field' – this is a non-separable part of the Omnipresent consciousness – and in this way a possibility to expand your consciousness is created. Phase 3 consists of an introduction to these

portals and a complete activation later on of these seven portals, and five portals above and five below the physical body, integrating with the galactic lemniscate.

Phase 4 – Transformation, personal development a blueprint for this life.

Activating and balancing of the physical body and the energy fields around it into one, harmonic unity, does activate the chakras, but it also activates the brain and the DNA on the micro level of each cell. Chakras, brain and DNA can be seen as devices, like a mobile phone: exchanging information from one level to another and vice versa. In this case the Omnipresent consciousness gives you a call, and you are talking through this 'devices'. These devices need resetting: they are deviated by old habits, convictions and so on.

In the first part of this phase we're working on this 'resetting' by transformation. This is done by several meditations, activations and body work. Besides that we work with a method that is transforming your personal attitude in dealing with emotions (this is called 'emotional mastery'). Also learning to apply secret ancient skills (like the JHWH method, a cabbalistic way of creating and manifesting), is being taught. By all this the harmonised and unified energy anchors into the physical body, the energy channels and the chakras. You open up to the Omnipresent consciousness completely.

This phase can be expanded by elaborating the original personal blueprint for this life for each participant. The personal, unique qualities through which you connect to the Omnipresent consciousness are revealed.

In short: during phase 4 your connection to the Omnipresent consciousness expands more and more. In this way you discover also your unique, personal way to communicate.

Phase 5 – Activation of the 12 dimensions into unity.

Now, through the energy channels, your chakra's and your DNA, your consciousness can expand to one, integrated unity with the Omnipresent consciousness. This means that the 12 dimensions integrate into a 13th one: you. This brings this unified consciousness also into the place where you live and work (your job, place of coaching, treatment or workshop). It is integrated in your Antahkarana and your personal energy fields: your own 'sacred space'. And in the 'sacred space' of your hands when you're working with the energies in the same place or at distance.

3. The Shekinah Course

In this chapter the following topics will be discussed:

- The Shekinah Course follows the phases of Shekinah (3.1)
- The design of the Shekinah Course is flexible (3.2)

3.1 The Shekinah course follows the phases of Shekinah

For teaching the principals we discussed in chapter 1 and 2, the Shekinah course is developed. Acknowledged Shekinah teachers are trained to teach this course. Following this course will support you to improve your personal life, your job or your work in healing and treatment with the Shekinah energies (phase 1 and 2). Expanding your practice or starting your own Shekinah practice is possible by following phase 1 to 4 of the course, and extending your personal development takes phases 1 to 5. If you like to

teach the Shekinah course yourself, phase 1 to 5 and the teachers' course (see chapter 5) is needed.

Underneath you find more details about these possibilities:

Supporting your work or practice

You'll learn how to create and maintain a harmonic energy field. We call this field 'a sacred space'. It works as a portal to bring the energies of Shekinah into the room. After that, this portal is opened in your personal energy system as well. This is called the 'Antahkarana'.

Creating a 'sacred space' in your situation of work or practice and allowing inspiration to come to you through your activated Antahkarana, means that from that moment on you are a channel for the Omnipresent consciousness to inspire the current situation. By working in this way more often, your personal consciousness expands. In this way it becomes easier and the information you'll receive becomes more accurate. So this is training by experience and practice - just like cycling, swimming and driving a car is learned.

If you like to support your practice or work situation with Shekinah, we suggest to do at least phase 1 and 2 of the Shekinah course. The other phases are optional.

To start a Shekinah practice or to expand your existing practice

<u>To start a Shekinah practice:</u> In a practice working with the Shekinah energies, clients are invited to look at their personal situation differently. The traditional opinion, that a complaint has to disappear, because it is a problem that interferes, is changed into the view that everything has its meaning. Problems and difficult or painful situations try to tell us something. By accepting this, the development starts to flow again. It stopped because of the idea that removing the complaint is appropriate. This applies for physical, psychological and relational problems and therefore also to a combination of these aspects. In brief, working with the Shekinah energies means looking at things from a holistic point of view, that includes the Omnipresent consciousness. The ultimate question in any situation will be: 'what is the Omnipresent consciousness trying to tell me?'

Creating your own practice with this principal and working with the Shekinah energies and methods you integrated in phase 4 of the Shekinah course, is a start. Extra coaching is available at your Shekinah teacher.

<u>In your existing practice</u>, working with a holistic view, you may expand your personal way of treatment by working in a more inspired way by the Omnipresent consciousness. The Shekinah energies work together with all types of energy work effortlessly. So if you work with coaching, massage, plain energy work or something else, the Shekinah energies will support it. Besides that, with the methods you've learned during phase 4 of the Shekinah course, you could expand your way of working, your knowledge and personal skills. If needed, extra coaching is available at your Shekinah teacher.

<u>In both situations</u> counts that the degree of transferring the Shekinah energies, is increased by doing it. If you'd like to speed up that process, we suggest adding phase 5 during your Shekinah course.

If you like to start a practice or expand your existing practice with the energies of Shekinah, we suggest attending a Shekinah course phase 1, 2, 3 and 4. Phase 5 may be added to increase your degree of transferring the Shekinah energies more rapidly.

Supporting your personal development

Besides study, profession, career, sports and creativity, in 'personal development' usually also is included expansion of personal, social and psychological skills. The next step is expanding your consciousness until direct inspired living and working is reached. This means a state of being in direct connection and living in harmony with everything in creation and developing together. Many people don't see this possibility or deny it categorically. This is a collective border. Therefore personal courage, trust and being a pioneer is needed to cross this line. But by doing so, you take a leap forward in consciousness, for yourself and the collective of humanity as well.

The core of Shekinah, contact and communication with the Omnipresent consciousness, brings you inspired living and working, knowing that everything is interconnected. This means that everything is living in unity with everything and everybody, also with people (still) denying that. The starting point of Shekinah shows that no benefit can be expected of any kind of convicting, fight or struggle. On the other hand it helps to recognize that everything is interconnected, so nothing can be left out, even the things that are still turning their back right now. It is a great challenge to discover your own way and personal strength and to expand it, until it reaches a useful form for your everyday life. You can't do this on your own and you don't have to. Trough your activated energy channels your connection and communication with the Omnipresent consciousness increases and on the earth plane there is 'the Shekinah Unity': local Shekinah teachers initiating and maintaining local meetings. Working together, building together and supporting each other is very important to support your personal development. Other people and the human collective will also benefit and push back their limits.

If you like to support your personal development with Shekinah, we suggest attending an integrated Shekinah course with all 5 phases. After finishing the course we suggest to join a local group of 'the Shekinah Unity'.

Teaching the Shekinah course

Teaching the Shekinah course means to become an authorized Shekinah teacher yourself. This also means to learn individual coaching and initiating and maintaining a local Shekinah group. Information on how to become a Shekinah teacher is presented in chapter 5.

Being a Shekinah teacher also includes initiating a local of regional Shekinah group of 'The Shekinah Unity'. Participants of the Shekinah course and people who are interested may join the meetings of this group. More details on this in chapter 4.

3.2 The design of the Shekinah course is flexible

The Shekinah course contains several aspects that require time to integrate and process. Therefore the Shekinah Course is not taught in one, continuing workshop, but in parts. It is possible to tune the layout and organization to the time frame and possibilities of participants, the group and to their wishes. In this survey we give you a first idea of what can be done:

During one evening (about 2 ½ h.) phase 1 and 2 can be taught. Participants learn to create a 'sacred space' and maintain the energy field themselves. Besides that the Antahkarana is activated and extended to the galactic lemniscate. These first 2 phases are very helpful in any case of treatment, counselling, etc.

During one day (about 7 h., including breaks 8 or 9 h.) phase 1, 2 and a part of phase 3 (getting acquainted with the 7 portals of consciousness and the activation of the Aquarius codes of Enoch) can be taught.

During one weekend (starting Friday evening, ending at Sunday, about 20 h. all together) phase 1, 2, 3 and a part of phase 4 (the JHWH method) can be taught.

Phase 4 and phase 5 both require two days at least.

Phase 4 can be done in two separate days. If we decide to organize phase 4 including the personal blueprint, this takes 2 days extra, so phase 4 will take 4 days all together.

For reasons of integration it is better not to separate the two days of phase 5. So it is best to teach this part in two successive days or during a weekend.

Of course it is possible to organise a few separate weekends with phase 1, 2, 3 and part of phase 4 for different groups and bring them all together to finish phase 4 and phase 5. Other schedules are possible too.

4. Shekinah Groups

In this chapter the following topics will be discussed:

- Local and regional meetings (4.1)
- Design, contact en attuning (4.2)

4.1 Local and regional meetings

Only acknowledged Shekinah teachers are allowed to initiate a Shekinah group. This rule is established to assure the quality of the meetings. Shekinah groups usually will start as a local group. If this group will extend to a regional group depends on the circumstances as time goes on. Attuning with other Shekinah teachers will also take place to create the best solution for each and everyone.

4.2 Design, contact en attuning

Meetings will be attended by participants of the Shekinah course, but others are welcome to get acquainted with Shekinah and the group. The people present, together with the Shekinah energies create a 'sacred space' to share experiences, ideas, methods, knowledge and insights, to encourage creativity for each and everyone. It depends on the needs and wishes of the group whether this is just sharing, or ends in a meditation or activation. Other interpretations are possible too.

The group in itself is a unity, guided by the Shekinah teacher, who stays in regular contact with other Shekinah teachers and the founder of Shekinah, Krijn Koetsveld. This network supports the sharing of information, ideas and so on and is also the foundation to create mutual contact and communication for participants of different groups. So this network imagines supporting these mutual personal contacts on purpose. It is taken for granted that these are free, personal contacts. The Shekinah teachers will only be involved if these contacts lead to a collective project, designed for one or more Shekinah groups.

Ideas that may develop into projects that may be interesting for others, are always presented to the Shekinah teacher and the group. Projects that surpass a particular Shekinah group are presented to the collective of the Shekinah teachers and Krijn Koetsveld. These rules are established to create clarity: whether a project is supported by the whole of 'the Shekinah Unity' (even when the projects is elaborated in just one group; for later on it might be interesting to other groups as well) or a project is done by the initiators only.

Projects need to develop freely, under direct guidance of the Shekinah energies. Therefore these rules are not designed to limit or regulate from a terrestrial level; they are established to create clarity and overview only. In this way we avoid that projects are obstructed by indistinctness, wrong attuning and so on. If needed, additional arrangements may be made to guarantee freedom of development under the guidance of the Shekinah energies as much as possible.

5. Shekinah Teacher training

In this chapter the following topics will be discussed:

- Preliminary training (5.1)
- Learning to teach by experiencing and practising the trade (5.2)
- Aspects of the Shekinah teacher training (5.3)
- Training expenses (5.4)
- Licence and extra training (5.5)
- Presenting yourself to the Shekinah teacher training (5.6)

5.1 Preliminary training

To become Shekinah teacher no preliminary training is required. The way you'll learn to teach Shekinah is by experiencing and practising the trade, and it is done in a very personal way. So each and every aspect gets the attention that's needed for you personally. Knowledge of and having experience with energy work, in whatever way, does make things more easy. It is also a good foundation to have affinity and experience in teaching and organizing, but both are no conditions in advance.

5.2 Learning to teach by experiencing and practising the trade

Experiencing and practising the trade means to get acquainted with all aspects of the Shekinah course. Starting by organizing a course, teaching the course and coaching participants afterwards, if needed. And also to start and accompany a Shekinah group.

You'll start the training by a personal contact with Krijn Koetsveld, to discover if becoming Shekinah teacher really is something that's mend for you. If so, you start off by organizing a first integrated course. In organizing you'll get supervision by Krijn Koetsveld. This first integrated course will include all 5 phases of Shekinah, including the personal blueprint. During this first course you will see how it is done by Krijn, for he'll teach the first course completely. Each part of the course will be looked over with you in advance and afterwards. In this way you'll learn how and why things are taught. After organizing a second course you'll teach (parts of) that course yourself, getting supervision by Krijn. If needed, this will be repeated during a third course, which you'll be teaching yourself completely. During the time between the meetings you'll get lectures to study, in preparation to the next levels of the course.

During this training you'll organize a local Shekinah group for participants of the first Shekinah course and other people interested. In the beginning you'll accompany these meetings in consideration with and with supervision of Krijn, until you feel confident enough. Participants of following courses may join your local Shekinah group, if they like to.

So this way of learning to teach by experiencing and practising the trade, is really 'custom made': you'll really get a personal training to become Shekinah teacher in a way that suits you best. In this way your strong points take a leap forward and you'll also know your weak points and how to deal with them.

5.3 Aspects of the Shekinah teacher training

Several aspects are mentioned already in chapter 5.2. This is a survey of all aspects of the Shekinah teacher training:

- to discuss if and how you'll become Shekinah teacher
- organizing the course and bringing participants together
- personal development (initiated by the first Shekinah course)
- teaching the Shekinah course (aspects of content of the course)
- aspects of being a teacher, like: working with groups, leadership, feeling safe, individual and group attention, how to deal with 'interfering' events, and so on
- development of your strong and weak points. Discovering your personal way of teaching
- discovering your personal skills in developing and educating Shekinah
- starting, organizing and supporting your local Shekinah group
- to give personal coaching.

5.4 Training expenses

During the training to become a Shekinah teacher, you're the organizer of the course from the very beginning. You have to take into account expenses for staying, meals of full board, organizing, the several workshops that create the integrated course and maybe other expenses as well. The workshop expenses are containing the fee for the trainer and expenses for materials and maybe others costs. A survey of all aspects of organizing and the way it is done is presented at <u>this page</u> of the Cobos website.

Krijn Koetsveld is paid by transferring the total workshop fee during the complete duration of your training (a list with workshop fees will be presented to you at the start of your training). During your training to become a Shekinah teacher you'll pay just one integrated Shekinah course. So you'll pay no fee for the second and next courses you organize during your training. When you've attended a Shekinah course as participant, before you decided to start your training to become Shekinah teacher, you won't pay twice for the part you've already learned. For instance: when you've attended a Shekinah course phase 1 and 2 already, but did not attend phase 3, 4 and 5, you'll pay the workshop fee for phase 3, 4 and 5 of the first course only.

Starting point is to arrange all consideration needed in days before and following the course. These considerations are free of charge. Other consideration will be done by e-mail or phone, free of charge too. Expenses of Krijn for travelling and staying will be included in the organization of the course or charged to you separately.

Because of you being the organizer from the start, you'll learn to calculate in a way to get a fee for organizing as well. Your expenses of the training may be paid from this fee, depending on the expenses, the number of participants and so on, of course.

It depends on the laws in your country if the expenses of this training are tax-deductible. The Shekinah teacher training is a professional training and by that it might be taxdeductible. Just check the rules in your country.

So, in the end, the Shekinah teacher training will not bring you huge expenses – just one time the fee of the integrated course. Your investment aims at your personal effort and development, your time and creativity in developing your personal skills.

After finishing your training you've become an authorized Shekinah teacher. You'll get the licence to teach the integrated Shekinah course and parts of it, yourself. And from that moment on all fees of the courses you teach belong to you, of course. Being a Shekinah teacher your annual licence and travelling costs to attend the extra training are your only expenses (see 5.5)

5.5 Licence and extra training

The word 'unity' means 'not being divided' and 'harmony'. In this way the 'unity' verbalizes the conscious knowing that fight is not a right way to develop. In Shekinah we see seemingly opposites as creative forces, creating a 'sacred space', where things may develop spontaneously. By integrating this principle in your personal life, it is also possible to create a group of people, living in this way, enjoying, discovering, encouraging and developing together. This also includes seizing the opportunity to learn from the experiences of others, and sharing methods and ways you've discovered yourself. In this way Shekinah joins the idea of 'open source'. During your Shekinah teacher training the intention is to share the insights of ancient wisdom, in order to develop your personal skills to discover useful methods yourself in old scriptures that have not been studied yet. In order to share it, of course, with other Shekinah teachers and everyone attending the Shekinah course or already finished it.

This will be done by publishing the method on the Shekinah website in an article. The Shekinah teachers will take care to make it well known to the participants of their Shekinah groups. A Shekinah teacher is also capable to help people putting it into practice for themselves (coaching). Each person that attended a Shekinah course is of course free in choosing if a method is useful to him or her, or not. In this way the number of methods increases and personal choice and freedom is guaranteed as well.

This demands of each and everyone, gathered in Shekinah ('The Shekinah Unity') commitment, effort, willing to share and to learn from each other to develop further. This applies especially to the Shekinah teachers. To create this, and also to make it possible

to withdraw oneself from the group of Shekinah teachers, a licence is created. This licence is put in the name of the Shekinah teacher personally and cannot be transferred. Teachers holding a licence are mentioned on the Shekinah website. In this way a prospective participant of the Shekinah course can trace an authorized Shekinah teacher nearby. The licence is renewed every year. The licence costs are published amply before the renewal. Teachers with a licence are mentioned on the Shekinah website

A meeting of Shekinah teachers is arranged at least once a year; to meet each other, to discuss developments, maybe to start projects together. This applies to the development of methods to work with the integrated cosmic and earth energies, to methods which help people to experience unity consciousness and to new useful methods, extracted from scriptures of ancient wisdom. This annual meeting is required to keep your licence and therefore also acknowledged as extra training. The annual licence fee bears the costs of the meeting.

5.6 Presenting yourself to the Shekinah teacher training

The way to becomes Shekinah teacher is your very personal path. Therefore you may present yourself at any time. Please send an e-mail to <u>krijnkoetsveld@shekinah.nu</u> or call +31742509520, at working days between 10.00 en 13.00 am (CET)

Please use the same way to contact Krijn Koetsveld if you have any questions, if you want more information or like to consult in any way about the Shekinah teacher training.

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